

POLAR EXPEDITIONS

- November 2004 – January 2005; **Antarctic Traverse via the South Pole**
Guided a crossing of Antarctica with Patrick Woodhead, Alistair Vere Nicols and David de Rothchilds. We started at the base of the Axel Heiberg Glacier on the Ross Ice Shelf, skied to the South Pole and kited back to Hercules Inlet on the Ronne Ice Shelf. We arrived in Antarctica on November 1 and departed on January 15. I became the first Canadian to traverse Antarctica
- June 2003; **Greenland Ice Cap Crossing**
Crossed the Greenland ice cap with the use of dogs, skis and kites, pushing the standards on expedition updates with daily text, photo and video updates from our tent directly to our web site.
- November 2002 – January 2003; **South Pole Expedition**
Guided an expedition for Adventure Network International (ANI) to the South Pole with three clients: Tom Avery, Patrick Woodhead & Andrew Gerber. With the use of power kites, we were able to complete the journey in 48 days.
- March 2002 – May 2002; **North Pole Expedition**
Guided an expedition to the North Pole with one client: Swee Chow. We traveled from Ward Hunt Island to the North Geographic Pole, making the journey in 46 days.
- November 2001 – January 2002; **South Pole Expedition**
Guided an Adventure Network International (ANI) expedition to the South Pole with two clients: Chris Weyers from Australia and Timo Polari from Finland. We started Nov. 29 from Hercules Inlet, traveled south along the 82nd meridian and reached the South Pole in 58 days. Excerpt from press release: *“Paul reports from the South Pole that they are in high spirits, exuberant to have achieved their goal and looking forward to seeing family & friends. It was a long hard haul, but they traveled in style; no one suffered from frostbite, all gained weight and evenings in the tent were full of jokes and laughter. Above*

all they gained an enormous appreciation for the magical splendor of the Antarctic continent.”

- **March 2001 – May 2001; North Pole Expedition**
Guided the British Millennium North Pole expedition in 2001 with Mike and Fiona Thornewill and Katharine Hartley. Fiona & Catharine became the first women to reach both the North and South Poles. The journey was completed without incident in 56 days.
- **March 2000 – April 2000; North Pole Expedition**
“Huskies to the Pole – In the Footsteps of Peary.” We departed from the most northern point of land in Canada, Ward Hunt Island, on March 3rd and arrived at the Geographic North Pole 42 days later on April 13th, 2000 thus proving that Peary’s 1909 claim of reaching the Pole in 38 days is definitely within the realm of possibility. My partner and I emulated Peary’s travel techniques: we departed early in the season and used the same number of dogs pulling sleds weighing approximately the same as Peary’s.
- **April 1998; Magnetic North Pole Expedition**
In 1998 I completed an un-supported dog sled and ski expedition from Resolute to the Magnetic North Pole, covering a distance of 600 kilometers in 15 days. My British client and I used the Norwegian “polar travel method” perfected by Sverdrup and later Amundsen during his successful expedition to the South Pole. The Norwegian approach is to combine dog sledding and skiing, with the skiers holding onto the back of the sled while they shuffle along on skis reducing the weight on the sled and allowing the dogs to run at a faster speed. We averaged 45 kilometers per day and arrived at the Magnetic Pole on May 4.
- **February 1990 – June 1990; Baffin Island Expedition**
Member of the Baffin Island Expedition: a 4,000 kilometers, 4-month dog sled journey around Baffin Island. We traveled to eight communities on Baffin Island and had the opportunity to immerse ourselves in the Inuit culture.



WORK EXPERIENCE:

Polar Consultants; June 2004 – present

www.polarconsultants.com

After leaving NorthWinds, I formed my own company. Polar Consultants offers guiding services for polar expeditions, kiting training & expeditions and consulting services for independent expeditions.

NorthWinds Arctic Adventures; January 1991 – May 2004

NorthWinds offers expeditions, adventure programs and guided tours for people of all ages wishing to discover the awesome beauty and rich culture of the Arctic and Antarctic. NorthWinds also offers consulting services in the fields of outdoor education, leadership training, technical skill development, safety management and survival training.

With my partner, Matty McNair, we established NorthWinds in 1985 in Northern Ontario to provide consulting services to outdoor programs. In September 1990, we moved the business to Iqaluit, on Baffin Island. Under our leadership and management, NorthWinds developed into one of the most prestigious adventure companies in the world, offering winter and summer programs in Baffin & Ellesmere Island, Greenland, Iceland, the Magnetic & the Geographic North and South Poles.

NorthWinds gained recognition in 1997 when we organized and provided the guiding services for the Woman's Polar Relay expedition, the first ever commercial venture to the Geographic North Pole. Since 1997, NorthWinds has offered guiding services on 3 North Pole expeditions, 4 South Pole expeditions, 1 Magnetic North Pole expedition and a crossing of the Greenland Ice Cap.

Director: Ukiivik Student Residence, Iqaluit, NU August 1992 - January 1995

In August of 1992, the Baffin Divisional Board of Education moved their High School residence into a newly constructed building. The Board saw the physical change of location as an opportunity to bring operational changes. I was hired to bring about these changes. I worked with a staff of 12, most of whom were Inuit. I was responsible for the well-being and educational success of 40 Inuit students from the Baffin region. I worked with staff and students to develop a new vision for Ukiivik which involved: 1) students taking more responsibility and ownership for their lives, 2) students taking part in a well-balanced program focusing on cultural, spiritual, social and personal development, 3) developing a caring / parenting relationship between staff and students as opposed to a supervisor / disciplinarian relationship and, 4) involving staff in a participative management style.

Teacher-- Inuksuk High School, Iqaluit, NU 1990 - 1992

During the 1990-91 school year, I taught the Community Occupational Program. This program addressed the needs of students with low achievement scores, poor attendance and a poor self-image as it relates to school performance. The aim of the program was to improve self-direction and self esteem and develop employment skills and attitudes.

A new position, Cultural Program Coordinator, was created and offered to me for the 1991-92 school year. My responsibilities included the development and implementation of an outdoor education program that enhanced the cultural courses offered within the school.

Program Director-- Canadian Outward Bound Wilderness School 1985 - 1989

The mission of the Canadian Outward Bound Wilderness School is to promote self-reliance, care and respect for others, responsibility to the community and concern for the environment through carefully designed educational programs involving adventure and service with a broad cross-section of participants.

My primary responsibility was to ensure that the organization's educational values permeated every aspect of the program and that these

programs were conducted safely. Another challenging task involved dividing our limited organizational resources (personnel, financial and physical) amongst our various programs. I supervised the hiring, training and evaluation of 10 full time staff and 75 seasonal staff. My financial responsibilities included developing and managing a \$700,000 budget. Intertwined through the above responsibilities, I helped strengthen the organization in a manner which enhanced it's effectiveness while using a strong participative management style.

During my five-year term as Program Director, I guided the school through the development of the Community and Health Service Programs (Youth at Risk, Native Canadian, Family Violence and Cancer Programs); the Professional Development Program (Corporate Management Training) and the expansion of the Public Program from 300 students to nearly 700 students per year.

Instructor/Counselor-- Enviros Wilderness School, 1981

The Enviros Wilderness School was an Outward Bound adaptive program working specifically with adjudicated youth in southern Alberta. The program had a strong urban component focusing on life skill training in addition to the wilderness component.

Throughout the wilderness activities my primary responsibility was to counsel the participants on personal skill development and behavioral changes. During the urban component we focused on work placements, community service and life skill training (job application & interview skills, personal money management, familiarization with community recreational facilities, introduction to independent living situation).

Program Manager/Instructor-- Hurricane Island Outward Bound School, 1983 - 1985

Developed and supervised a wilderness whitewater canoeing program in Northern Maine for 15 - 17 year old teenagers.

Course Instructor.

Outward Bound Course Director/Instructor-- Canadian Outward Bound Wilderness School, 1979 - 1983

Full time course director and instructor.

OTHER EXPEDITIONS / LIFE EXPERIENCES

- Member of three separate mountaineering expeditions to South America (Peru, Bolivia & Argentina)
- Paddled numerous rivers in North America including the Grand Canyon, Moisie, Winisk and Missinaibie rivers.
- Traveled and worked throughout Europe and the Middle East (1975 - 77)
- Co-authored Basic River Canoeing - A complete guide to whitewater paddling.
- Co-authored Outward Bound's Wilderness Canoeing Handbook.
- Editor On Thin Ice, A Woman's Journey to the North Pole.

EDUCATION

Southern Alberta Institute of Technology
Power Engineering Diploma

University of Western Ontario
Social Studies Program – 2 years

Smooth Rock Falls Ecole Secondaire
Graduated-- Grade 13

PERSONAL:

-Healthy and active

-Bilingual: French & English

-Hobbies include wilderness travel, music, reading, and carpentry

-Born September 6, 1955